

**University of North Carolina at Chapel Hill  
Adult Consent to Participate in a Research Study & Parental Permission for a Minor Child to Participate in a Research Study**

**Consent Form Version Date:** 05/01/2020

**IRB Study #** 20-1337

**Title of Study:** Raising Grateful Children in the context of COVID-19

**Principal Investigator:** Dr. Andrea Hussong

**Principal Investigator Department:** Psychology and Neuroscience

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**Funding Source and/or Sponsor:** NC TraCS

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**CONCISE SUMMARY**

The purpose of this study is to understand how families support children's gratitude development, particularly during the coronavirus/COVID-19 outbreak. Parents and youth who participated in the Raising Grateful Study before are invited to separately complete a one-time 45-minute online survey for a \$25 incentive each (or \$50 family incentive). The findings of this study will be potentially beneficial for future researchers and educators attempting to support children and their families during and following the coronavirus/COVID-19 outbreak. There are no significant risks to participating in this study, though reflecting on the changes and feelings evoked by COVID-19 may cause momentary discomfort or frustration.

**What are some general things you should know about research studies?**

You and your child are being asked to take part in a research study. To join the study is voluntary. You may choose not to participate, or you may withdraw your consent to be in the study, for any reason, without penalty. Even if you decide not to be in the study, your child may still decide to be in the study if you give your permission. You may decide to not allow your child to participate, or you may withdraw your permission for your child to be in the study, for any reason, without penalty. Even if you give your permission, your child can decide not to be in the study or to not complete the study.

Research studies are designed to obtain new knowledge. This new information may help people in the future. You or your child may not receive any direct benefit from being in the research study. There also may be risks to being in research studies.

Deciding not to be in the study or leaving the study before it is done will not affect your or your child's relationship with the researcher, your health care provider, or the University of North Carolina-Chapel Hill.

Details about this study are discussed below. If you provide permission for your child to be in the study, your child will receive an assent form as well. It is important that you and your child understand this information so that you and your child can make an informed choice about being in this research study.

You may access and print this consent form from our website (<https://hussong.web.unc.edu/raising->

[grateful-children-during-covid-19/](#)). You should ask the researchers named above, or staff members who may assist them, any questions you have about this study at any time.

**What is the purpose of this study?**

The purpose of this study is to help us understand how families support children's gratitude development, particularly during the coronavirus/COVID-19 outbreak. The study concerns how parents and children are coping with the outbreak as well as children's and parents' well-being and resilience.

**How many people will take part in this study?**

Approximately 107 parent-youth dyads or 214 people will take part in this study.

**How long will your and your child's part in this study last?**

This study will take about 45 minutes for each of you to complete. The surveys must be completed separately but they may be completed all at once or in multiple sittings.

**What will happen if you and your child take part in the study?**

You will receive an email with directions about how to complete the online survey. The survey contains questions about children's and parents' well-being as well as about their experiences related to the coronavirus/COVID-19 outbreak. You may complete the online survey in a single 45-minute sitting or save the survey and return to complete it later. Once you complete the survey, you will each receive a confirmation email from our study team as well as an electronic Amazon gift certificate for \$25.

As part of the study, you will be asked to provide permission for your child to participate. If you provide permission, you will receive a separate email to share with your child for him/her/they to complete. This survey also takes about 45 minutes to complete and can be completed all at one or in more than one sitting. Once your child completes the survey, you will receive a confirmation email from our study team as well as an electronic Amazon gift certificate for \$25 for your child.

**What are the possible benefits from being in this study?**

Research is designed to benefit society by gaining new knowledge. You and your child may not benefit personally from being in this research study.

**What are the possible risks or discomforts involved from being in this study?**

Completing the online survey may bring discomfort as it includes questions about feelings during the pandemic. There are no known risks.

**How will information about you and your child be protected?**

We will protect your privacy by administering the survey through a secure online survey platform. We will not ask you to provide personal identifying information in the survey so your answers will remain confidential. We store your responses according to a numeric code in our secure servers at UNC. Only members of the research team will have access to your contact information so that they may help you if you have questions about being in the study.

Participants will not be identified in any report or publication about this study. We may use de-identified data and/or specimens from this study in future research without additional consent.

Although every effort will be made to keep research records private, there may be times when federal or state law requires the disclosure of such records, including personal information. This is very unlikely, but if disclosure is ever required, UNC-Chapel Hill will take steps allowable by law to protect the privacy of personal information. In some cases, your information in this research study could be reviewed by representatives of the University, research sponsors, or government agencies (for example, the FDA) for purposes such as quality control or safety.

**What if you or your child want to stop before your part in the study is complete?**

You or your child can withdraw from this study at any time, without penalty. If you or your child withdraw or are withdrawn from this study all data collected up until the point of withdrawal will be retained, however no additional information will be collected unless you provide additional written permission for further data collection at the time of your withdrawal.

**Will you and your child receive anything for being in this study?**

You and your child will each receive \$25 for taking part in this study (or \$50 as a family).

**Will it cost you or your child anything to be in this study?**

It will not cost you anything to be in this study.

**Who is sponsoring this study?**

This research is funded by NC TraCS. This means that the research team is being paid by the sponsor for doing the study. The researchers do not, however, have a direct financial interest with the sponsor or in the final results of the study.

**What if you or your child have questions about this study?**

You and your child have the right to ask, and have answered, any questions you may have about this research. If you have questions about the study (including payments), complaints, concerns, or if a research-related injury occurs, you should contact the researchers listed on the first page of this form.

**What if you have questions about your or your child's rights as a research participant?**

All research on human volunteers is reviewed by a committee that works to protect your and your child's rights and welfare. If you have questions or concerns about your or your child's rights as a research subject, or if you would like to obtain information or offer input, you may contact the Institutional Review Board at 919-966-3113 or by email to IRB\_subjects@unc.edu.

**Participant's Agreement:**

I have read the information provided above. I have asked all the questions I have at this time. I voluntarily agree to participate in this research study.

- I consent to participate in this study.
- I do not consent to participate in this study.

**Parental Permission:**

I have read the information provided above. I have asked all the questions I have at this time. I voluntarily give permission to allow my child to participate in this research study.

- I give permission for my child to participate in this study.
- I do not give permission for my child to participate in this study.